

Breakfast Bag Collection

Want to help a senior citizen or shut-in by making a breakfast for them? Here's your chance!



This is a fun project for students of all ages! We share our Breakfast Bags with Aid For Friends. They provide free home-cooked meals to the isolated homebound. Along with dinners, they provide breakfast bags. Shut-ins love these bags and it encourages them to eat the most important meal of the day for all of us, breakfast!

Here's what is needed:

- *Clear plastic bags so the contents can be easily seen
- * Each bag consists of 4 to 5 non-perishable items such as:
 1. miniature cold cereal box or a hot oatmeal packet
 2. tea bag or an instant coffee packet
 3. 100 % juice box
 4. fruit (box of raisins or fruit cup)
 5. one of the following: cereal bar/granola bar/cheese crackers

*Most important item, each bag contains a hand-made card, picture, or note letting the shut-ins know they are thought of by you. The cards can be signed with your name and school.

To schedule a pick-up call Lynn Trombetta 215-464-2224 or email at: lynn@aidforfriends.org

