



NUTRITIONAL DEVELOPMENT SERVICES

Archdiocese of Philadelphia

Community Food Program

222 North 17th Street, Philadelphia, PA 19103

Email: dhopkins@ndsarch.org Phone: 215-895-3470 ext. 77823

October, 2021

Dear Friends,

I would like to take this opportunity to ask you once again to support our Holiday Food Drive. **This drive will take place from November 2 to January 7.** We have decided to expand the drive in hopes that this will give more schools the opportunity to do a collection for us. This food drive is so important to so many people in our area! We are hoping that more schools will consider doing this drive because it is vital to our being able to stock the shelves of food cupboards for the coming winter months. As you know, we continue to see an increase of people from our local area waiting in line for food at food cupboards due to the pandemic. We appreciate every effort you can make to partner with us in feeding the hungry men, women, senior citizens, and children in our area.

If you need NDS to still pick-up your collection, we would appreciate if you could **please box the items to be collected in sturdy boxes.** This will be a great help to our driver, Don.

For this food drive, please email me and I will work out a date with you for pick-up. There will be no form to send back. I can be reached by email at dhopkins@ndsarch.org. Also, if you are donating your collection, please still let me know that as well. It helps for us to know everyone who participates in our food drives so that we can thank them properly! We couldn't do it without you!

Once again, I am also enclosing information about our Alternative Christmas Cards for 2021. Would you please consider advertising this sale at your school through a newsletter or at a Home and School meeting? We are trying to do everything we can to raise funds through the selling of these cards to support our many food cupboards and soup kitchens. Anything that you can do to assist this effort will be greatly appreciated.

May the holidays be filled with many blessings for you and your families!

Sincerely,

Denise Hopkins
Administrator
Community Food Program



2021 Holiday Food Drive **Eat Healthy...Give Healthy**

NDS Community Food Program invites you to share Healthy Foods with others throughout the Archdiocese of Philadelphia. Please donate from the list of food items below to help local families in need!

Grains

Whole grain, low sugar cereal (oatmeal, Cheerios)
Whole grain pasta
Brown rice (box or bag)

Fruits and Vegetables

Canned fruits packed in juice or water
Canned vegetables
Canned soup (low sodium)

Meats and Protein

Canned fish (tuna, chicken, salmon, sardines)
Peanut butter
Dried or canned beans

Dairy

Dry milk

All food collected is shared with a network of over 50 food cupboards in the five-county Philadelphia area.